

BODY COMPOSITION ASSESSMENT
administered by the
SCHOOL OF HUMAN KINETICS
JOHN M BUCHANAN
EXERCISE SCIENCE LABORATORY
UNIVERSITY OF BRITISH COLUMBIA

Name: Barret DeMaere

Age: 38 years

Height: 178.2 cm 70.2 inches

Weight: 72.4 kgs 159.3 lbs

Test Date: 13-Jan-03

HYDROSTATIC WEIGHT

Underwater Weight: 2.8 kgs

Water Temperature: 35 °C

Body Density: 1.059

BODY COMPOSITION RESULTS

Actual Body Weight = 159.3 lbs 72.4 kgs with 27.9 lbs Body Fat 17.5%

Lean Body Weight = 131.4 lbs 59.7 kgs with 0.0 lbs Body Fat 0.0%

BODY COMPOSITION ASSESSMENT
administered by the
SCHOOL OF HUMAN KINETICS
JOHN M BUCHANAN
EXERCISE SCIENCE LABORATORY
UNIVERSITY OF BRITISH COLUMBIA

Name: Barret DeMaere

Age: 38 years

Height: 178.2 cm 70.2 inches

Weight: 69.8 kgs 153.6 lbs

Test Date: 04-Mar-03

HYDROSTATIC WEIGHT

Underwater Weight: 3.3 kgs

Water Temperature: 31.5 °C

Body Density: 1.071

BODY COMPOSITION RESULTS

Actual Body Weight = 153.6 lbs 69.8 kgs with 18.9 lbs Body Fat 12.3%

Lean Body Weight = 134.7 lbs 61.2 kgs with 0.0 lbs Body Fat 0.0%