

BODY COMPOSITION ASSESSMENT
administered by the
SCHOOL OF HUMAN KINETICS
JOHN M BUCHANAN
EXERCISE SCIENCE LABORATORY
UNIVERSITY OF BRITISH COLUMBIA

Name: W D Kilpatrick

Age: 51 years

Height: 170.2 cm 67.0 inches

Weight: 74.4 kgs 163.7 lbs

Test Date: 7-Jul-04

HYDROSTATIC WEIGHT

Underwater Weight: 3.50 kgs

Water Temperature: 35.5 °C

Body Density: 1.067

BODY COMPOSITION RESULTS

Actual Body Weight = 163.7 lbs 74.4 kgs with 22.5 lbs Body Fat 13.7%

Lean Body Weight = 141.2 lbs 64.2 kgs with 0.0 lbs Body Fat 0.0%

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Name: W D Kilpatrick

Age: 51 years

Height: 170.2 cm 67.0 inches

Weight: 71.2 kgs 156.6 lbs

Test Date: 24-Aug-04

HYDROSTATIC WEIGHT

Underwater Weight: 3.90 kgs

Water Temperature: 36 °C

Body Density: 1.077

BODY COMPOSITION RESULTS

Actual Body Weight = 156.6 lbs 71.2 kgs with 14.8 lbs Body Fat 9.5%

Lean Body Weight = 141.8 lbs 64.5 kgs with 0.0 lbs Body Fat 0.0%